

# Cedars Youth & Community Centre

Chicheley Road, Harrow Weald, Middlesex, HA3 6QH

□ CedarsReception@watfordfc.com

*②* 0208 421 4676

www.watfordfccsetrust.com/facility/cedars-youth-community-centre/

#### **Opening Times**

Monday 8:30am-9pm

Friday n 8:30am-9pm

**Tuesday** 8:30am-9pm **Saturday** 8:30am-5pm

Wednesday 8:30am-9pm Sunday 8:30am-1pm

Thursday 8:30am-9pm



Improving Lives, Enhancing Communities





Monday

Meriday			
Time	Activity/Lead Contact	Booking Info	
1:00pm-2:00pm	Falls Prevention lukedenisleseve@watfordfc.com (email to register)	Free - Register via email	
11:30-am12:30pm	Falls Prevention lukedenisleseve@watfordfc.com (email to register)	Free - Register via email	
5:30pm-6:30pm	Mini Kicks Football (School Years 5 and 6) The Beacon Community Centre, HA2 0TY elliot.bird@watfordfc.com	Free No need to book	
5:00pm-7:00pm	PL Kicks Youth Club (School Years 7, 8, 9) elliot.bird@watfordfc.com	Free No need to book	
7:00pm-8:00pm	PL Kicks Football (School Years 7, 8, 9) elliot.bird@watfordfc.com	Free No need to book	
8:00pm-9:00pm	PL Kicks Football (School Years 10, 11, 12 and 13) elliot.bird@watfordfc.com	Free No need to book	

Tuesday

Time	Activity/Lead Contact	Booking Info
10:30am-12:30pm	Over 50's Club CedarsReception@watfordfc.com   0208 421 4676	Turn up & pay £3.00 No need to book
5:00pm-6:00pm	PL Kicks Girls Dance (Ages 8-11: Primary) elliot.bird@watfordfc.com	Free
6:00pm-7:00pm	PL Kicks Girls Dance (Ages 11–16: Secondary) elliot.bird@watfordfc.com	Free

Wednesday

Time	Activity/Lead Contact	Booking Info
4:00pm-5:00pm	PL Kicks Girls Football (Ages 8–11: Primary) elliot.bird@watfordfc.com	Free
4:30pm-5:30pm	PL Kicks Football (School Years 7, 8, and 9) Goals Ruislip, HA4 0JE elliot.bird@watfordfc.com	Free No need to book
5:00pm-6:00pm	PL Kicks Girls Football (Ages 11–16: Secondary) elliot.bird@watfordfc.com	Free
6:00pm-7:00pm	Shape Up Graduates	£35 for 10 or £4 per session

Thursday

Time	Activity/Lead Contact	Booking Info
10:30am-12:30pm	Over 50's Club CedarsReception@watfordfc.com   0208 421 4676	Turn up & pay £3.00 No need to book
2:30pm-4:30pm	Stroke Rehab lukedenisleseve@watfordfc.com (email to register)	Free - Register via email
4:00pm-5:00pm	PL Mini Kicks Football (School Years 3 & 4) elliot.bird@watfordfc.com	Free No need to book
5:00pm-6:00pm	PL Mini Kicks Football (School Years 5 & 6) elliot.bird@watfordfc.com	Free No need to book
6:00pm-7:00pm	Shape Up Graduates joe.pizans@watfordfc.com	£4 per session

#### Friday

Time	Activity/Lead Contact	Booking Info
12:00pm-1:00pm	Walking Football (Ages 18+) joe.pizans@watfordfc.com	Turn Up & Pay £3.50 No need to book
5:00pm-7:00pm	PL Kicks Youth Club (School Years 7, 8, 9) elliot.bird@watfordfc.com	Free No need to book
7:00pm-8:00pm	PL Kicks Football (School Years 7, 8, 9) elliot.bird@watfordfc.com	Free No need to book
8:00pm-9:00pm	PL Kicks Football (School Years 10, 11, 12, 13) elliot.bird@watfordfc.com	Free No need to book

What's On?

## Hire Our Space

#### **Sports Hall**

Basketball, Football, Badminton, Table Tennis Capacity: 1–30

#### **Astro Pitch**

Football, Multisport Capacity: 1-30

#### **Social Space**

Projector, Flat screen TV, Tables and Chairs

Capacity: 1 - 25

#### **Fitness Studio**

Flat Screen TV, Tables and Chairs Capacity: 1–10

### The Graham Taylor Boardroom

Flat screen TV, Table and Chairs Capacity: 1-32 (Room can be split in two)

#### **The Dugout**

Flat Screen TV, Tables and Chairs Capacity: 1–12



#### **Gym Membership Costs**

£30.00 Annual Membership plus £1 per visit.

Please contact CedarsReception@watfordfc.com or 0208 421 4676 for prices and availability



