



For more information on our Kicks programme, please contact:  
[tate.macpherson@watfordfc.com](mailto:tate.macpherson@watfordfc.com)

*"We really enjoy the community feel when we are delivering on the PL Kicks programme. Having worked on the PL Inspires project at our school, we got a taste of the great work the Trust deliver and wanted to support further. Within the programme, we had to deliver a social inclusion project where we supported disadvantaged young female participants to take part in sport. When delivering the sessions, we developed a real buzz for coaching and wanted to transition into a permanent volunteer role."*

*"Originally, we started delivering Girls' Football, Mini Kicks and holiday camps provision."*

*Millie adds – "Growing up I attended the girls' programme so it's brilliant to now give back at the session where it all started for me)."*

*"Alongside, our weekly PL Kicks coaching sessions, we have since obtained our Level 1 Coaching qualification, supported by the team, and are currently going through a coaching clinic with the PL Kicks lead."*

*"Throughout our work at the Trust, we have gone on to volunteer at the Watford FC Men's games as ball girls, lead fundraising events for the Trust Taylor Trek event and currently sit on our youth board, which entails promoting child-led changes on the PL Kicks team."*

*"We really enjoy supporting the sessions, as it helps improve our development, is extremely rewarding and great to give back to the community. Hopefully, going forward, we will enlist as casual coaches and look forward to working with the Trust in the future."*

–Millie and Alice, Kicks volunteers

