

WatfordFC
community



**COMMUNITY SPORTS
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TRUST**

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**THE
TAYLOR
TREK**

Be part of the legacy.

**INFORMATION
PACK!**





THE
TAYLOR
TREK  

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Frequently Asked Questions

What is The Taylor Trek?

The Taylor Trek is an event organised by Watford FC's Community Sports & Education Trust, with the aims of celebrating Watford FC legend Graham Taylor OBE's life, whilst raising vital funds for the Trust. Graham was always focussed on the Club being a key part of the Watford and Hertfordshire communities, a role that the Trust now champions throughout the local area.

What terrain does the Trek take place on?

Each route on The Taylor Trek utilises a collection of footpaths and bridleways. These are predominantly pavement, gravel, and hard-packed earth. In the event of heavy rain, some footpaths may be muddy and/or slippery so sensible footwear is advised.

When is The Taylor Trek?

The Taylor Trek will take place on Sunday 15th October 2023.

Why is there a signup fee?

Included in the fee, you will receive a finisher's medal, a goody bag, food and drinks, and a celebration at the finish line. We are also using an event company (WMP) to help with event logistics, who are ensuring health and safety during the event, as well as providing insurances and staffing.

How long is the Trek?

There are three route distances for this year's Taylor Trek. These are:

- Challenge Route (18.8 miles)
- Medium Route (8.3 miles)
- Family Route (3.3 miles)

What time should I arrive?

All routes start and finish at Vicarage Road Stadium, including a pitch-side walk to end the route. Start times depend on which route you are taking. The below outlines the arrival times for each route:

Challenge Route

8am registration | 8.30am set off

Medium Route

9.30am registration | 10am set off

Family Route

1.30pm registration | 2pm set off

What time does it finish?

The routes and start times have been designed and planned to facilitate all participants finishing back at Vicarage Road between 3:00pm and 4:30pm to celebrate their achievements.

How much do I need to fundraise?

We are extremely grateful for all money raised, so thank you! If you raise £25 sponsorship, you will even get your very own Taylor Trek t-shirt to wear during the walk! By raising money, you are allowing us to continue running our diverse range of programmes and meet the needs of the communities we serve to help us make a positive difference for all through sport, physical activity and learning.

What is the age limit for taking part?

There is no age limit to take part in The Taylor Trek, however, all under 18s must be accompanied by an adult.

Is food/drink provided?

Refreshment stations will be provided for the Challenge Route at Kings Langley Cricket Club and the Meriden Community Centre, and at the Meriden Community Centre for the Medium Route.

Are the courses accessible/ suitable for those with mobility issues?

Both the Medium Route and Family Route are suitable for participants with mobility issues who may use a wheelchair. Unfortunately, the Challenge Route is not suitable for participants in wheelchairs due to the steep approaches to the canal bridges along the route.

Are there toilets on the course?

There will be toilet facilities at our refreshment stops: Watford Museum, Kings Langley Cricket Club, Meriden Community Centre, and Vicarage Road Stadium, as well as public facilities.

Will there be activities for younger trekkers?

We are currently putting together some extra activities to keep our younger trekkers engaged on Sunday 15th October. Keep an eye out for more info coming soon!

Will I receive a medal?

All finishers will receive our special, sustainably-sourced, Taylor Trek finisher's medal.

Will I get a T-shirt?

If you raise £25 sponsorship, then you will receive your very own Taylor Trek T-shirt. You will get this on the day of the event. T-shirts are also available to buy on our fundraising platform.

Is parking available?

As many of our trekkers will know, parking is severely limited around Vicarage Road Stadium. There will therefore not be any parking available at the Stadium for this event. We therefore advise trekkers to use public transport or park in local car parks



(situated roughly a 15 minute walk away from the stadium). These car parks are: **Gade Car Park**, Rosslyn Rd, Watford WD18 0JX; or **Church Car Park**, Church St, Watford WD18 0PL). These are at a cost and not run by us.

If I have an emergency or safeguarding concern, who do I contact?

If you have any issues on route, please contact:

Ash Fisher: Lead Emergency Contact
Mobile number: 07825 222970

Leah Crocket: Trust Contact
Mobile number: 07826 551800

I'm not able to trek but would still love to be involved. Can I volunteer at the Taylor Trek?

Absolutely! We appreciate the Taylor Trek is not for everyone, so we welcome anyone who would like to support the event in a different way. Please email leah.crocket@watfordfc.com for more info on volunteering opportunities.

I'm unable to participate in The Taylor Trek

We're always welcoming donations (www.watfordfccsetrust.com/make-a-donation/), or, if you'd like to fundraise in the future, keep an eye out on our socials [@WFCTrust](https://www.instagram.com/WFCTrust) and website: www.watfordfccsetrust.com/support/fundraising-events/



THE TAYLOR TREK

Be part of the legacy.

Join us on an inspiring journey through the key sites of Graham Taylor's Hornets history, while raising vital funds for a charity close to his heart.

WATFORD COLOSSEUM



WATFORD TOWN HALL



CASSIOBURY PARK



HIGH STREET



ST MARY'S CHURCH



WATFORD MUSEUM



WATFORD FC UNDERPASS



VICARAGE ROAD



Start/Finish!



Scan here to view the Family route!

15 October '23

FAMILY ROUTE

WatfordFC community

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REGISTERED CHARITY NO. 100224

MEDIUM ROUTE

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Scan here to view the Medium route!



// 15
October
>>> '23

Join us on an inspiring journey through the key sites of Graham Taylor's Hornets history, while raising vital funds for a charity close to his heart.



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CHALLENGE ROUTE



Scan here to view the Challenge route!

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// 15
October
>>> '23

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Prep for the Trek

Below are a few tips on how to best prepare yourself for the challenge ahead!



Don't forget to stretch and warm up before you start the Trek



Practice walking up different gradients



The day before the event, eat food high in carbohydrates



Make sure you have breakfast at least an hour before the Trek starts



Bring an energy snack with you for the Trek, and don't forget your water!



Wear the correct footwear; If you are buying new trainers, make sure you start exercising with them now!

Social Media

Don't forget to take plenty of photos during the Trek! If uploading to social media, you can tag us @WFCTrust and use the hashtag: #TheTaylorTrek

You can also use our Taylor Trek social media graphic to promote that you're participating. (Graphic sent out via email).



Green Credentials



The Taylor Trek is a celebration of the legacy of Graham Taylor and his inspiration to place Watford FC at the heart of the community. That inspiration extends to our sense of social and environmental responsibility, and here are just some of the things we're doing to reduce any adverse impact the Trek may have.

- Our 'trekkers' will get sustainable wooden medals, which may not be as shiny as anything you might pick up at the Olympics but will do much less damage to the planet.
- Say NO to single use plastic - bring your own water bottles and fill them up at any of our stop off points along the route. If you happen to forget your bottle, we'll have recyclable papers cups on hand.
- There will be "Leave No Trace" messaging at the event encouraging everyone to dispose of litter etc. responsibly. We'll also have a swarm of "Green Hornets" flying in behind the Trek to make sure we leave things as we found them.



