

Spotlight on our Golden Memories Team

Volunteer Champions



Our Golden Memories volunteers have always been at the core of the programme, ensuring every session runs smoothly and participants feel supported and valued, even during periods of staff change. From baking cakes and setting up activities to running quizzes, making teas and coffees, and sharing friendly conversations, their dedication and passion are evident in every detail.

Week after week, our volunteers go above and beyond, bringing warmth,



energy, and care to every session. Their understanding of and attention to participants' needs creates an atmosphere

where guests and their carers feel welcomed, supported, and genuinely valued.

The impact of their commitment is clear to anyone attending a Golden Memories session. These volunteers are more than

helpers – they are the heart of the programme, inspiring joy, connection, and a sense of community that makes a lasting difference.

Thank you, Colin, Simon, Geoff, Gill, Tim, Aiden, Jan, and Helen!

